About You

W	hat is your title?	Q.1
O	Mr	
O	Mrs	
0	Ms	
O	Dr	
О	Other:	
W	hat is your first name?	Q.2
W	hat is your surname or family name?	Q.3
	/hat is your gender?	Q.4
0	Female	
0	Gender Fluid	
0	Gender Fluid	

W	hat is your age?	Q.5
0	16-19	
O	20-29	
0	30-39	
О	40-49	
0	50-59	
0	60-69	
0	70-79	
0	80-89	
O	90-99	
W	hat is your marital status?	Q.6
0	Married or domestic partnership	
0	Widowed	
0	Seperated	
O	Divorced	
0	Single	
0	Other:	
W	hat is the highest level of education you have completed?	Q.7
0	Completed Primary School	
O	Completed Secondary Education (Leaving Certificate or equivalent)	
O	Partly completed Secondary Education (Intermediate/Junior Certificate or equivalent)	
0	Further Education (Vocational Education/ Apprenticeship)	
O	Higher Education Undergraduate (Higher Certificate, Bachelors Degree)	
0	Higher Education (Postgraduate Masters Qualification, or PhD)	
0	No formal education	
0	Other:	

O	Homemaker
O	Unemployed
0	Employed Part-Time
О	Employed Full-Time
O	Self-Employed
О	Retired
O	Student
0	Other:

0	Donegal
0	Sligo
0	Leitrim
0	Monaghan
0	Cavan
0	Mayo
O	Roscommon
0	Longford
O	Westmeath
0	Louth
0	Meath
0	Kildare
0	Dublin
O	Offaly
O	Galway
O	Clare
0	Limerick
0	Laois
0	Carlow
O	Kilkenny
О	Tipperary
0	Wexford
О	Waterford
0	Cork
O	Kerry
0	Kilkenny

About Your Caring Situation

What is your relationship to the person for whom you are providing care? Are they your:				
0	Spouse / Partner			
0	Sibling			
О	Parent			
0	Parent-in-law			
О	Other:			
	o you share these caring responsibilities with any other ember of your family?	Q.11		
0	Yes			
О	No			
Ple	ease help us understand why you selected this answer			
	hat age is the person with dementia for whom you are oviding care?	Q.12		
0	30-39			
0	40-49			
0	50-59			
0	60-69			
0	70-79			
0	80-89			
0	90-99			

How long have you been providing care to your loved one with dementia?					
C Less than one year					
C 1-2 years					
C 2-3 years					
C 3-4 years					
C 4-5 years					
More than 5 years					
Approximately how many hours per week do you provide care to your loved one with dementia?	Q.14				

Understanding Dementia

Please rate your understanding of dementia on the following scale (where 1 is a very low and incomplete level of understanding to 5 which is a very high and complete understanding of dementia)							
C	1						
O	2						
O	3						
O	4						
О	5						
Cł	nanging Relationships					Q.16	
			Very negative	Negative	No Posi change	Very tive positive	
	hat impact has caring for your loved one with dementia h lationship with them?	ad on your	О	О	0 0	0	
Co	ommunications					Q.17	
		Very infrequently	Infrequently	Neither infrequent or frequently		Very y frequently	
	what extent do you use verbal (speaking / talking) mmunications when caring for your loved one?	C	O	O	О	O	
laı	what extent do you use non-verbal (eye contact, body nguage, facial expressions) communications when caring r your loved one with dementia?	С	О	0	О	О	

Communications Q.18

	Very difficult	Difficult	Neither difficult or easy	Easy	Very easy
How easy do you find it to ensure your loved one follows your instructions to carry out daily taks?	O	O	O	0	0
How easy do you find it to ensure your loved one with dementia answers questions?	O	О	О	0	0

Responsive Behaviours

	To what extent do you feel frustrated by sudden changes in your Q.19 loved one's behaviour as a result of their dementia (please choose the								
	nost appropriate option below where 1 is Totally Frustrating to 5 which is Not Frustrating)?								
О	1								
О	2								
О	3								
O	4								
0	5								
Re	sponsive Behaviours								Q.20
				Totally disagree	Disagree	Neit disagr agr	ee or	Agree	Totally Agree
	what extent do you agree with the followir luence my loved one's behaviour	ng statement: I fee	el I can	О	С	C	5	О	О
	itrition and Eating Well: Fatements?	How do you	u feel	abou	t the fo	ollow	/ing		Q.21
		Totally disagree	Disagree	Neither	disagree oi	r agree	Agree	Totally	/ Agree
Ιb	elieve my loved one eats well	O	0		O		0	(0
Ιb	elieve my loved one has a balanced diet	O	0		О		O	(0

	Totally disagree	Disagree	Neither disagree or agree	Agree	Totally Agree	
My loved one with dementia has a very good quality of life	О	О	C	О	С	

Personal Care: Please rate your personal care skills on the matrix below. If you have not already undertaken personal care skills for your loved one please choose N/A

	Very poor	Poor	Competent	Very Competent	N/A
Toiletting	C	0	O	C	0
Washing	O	0	O	O	O
Dressing	O	0	0	О	0
Oral Hygiene	О	O	О	О	O

Safety at Home: To what extent to you agree with the following statement:

	Totally disagree	Disagree	Neither disagree or agree	Agree	Totally agree
I am confident I can provide care in a safe, hazard-free environment	O	C	O	O	0

Q.25

Looking After Yourself: to what extent do you agree with the following statements?

	Totally disagree	Disagree	Neither disagree or agree	Agree	Totally agree
I find time to do things for myself	0	0	O	O	0
It is important to take breaks from caring and to make time for my own interests	О	О	O	0	O
Providing care to my loved one with dementia is rewarding	0	0	O	O	O
I feel capable of providing care for my loved one with dementia now and in the future	О	О	O	0	O
I know where to find relevant information to help me in my caring role	О	О	O	0	O